

FUN AT THE FAIRGROUNDS

Health and Wellness Fair

Celebrates Active Aging Week

Tuesday, September 27

Join us for this **FREE** event
for older adults aged 50+ featuring friends and fun.
Let's Get Active!

- 9:00 a.m. Join us for a warm-up and walk around the fairgrounds. Sponsored by CareMore.
- 10:00 a.m. Opening Remarks
- 10:15 a.m. Entertainment provided by the Jubilation Community Senior Choir

From 8:30 a.m.-noon, participate in Health Screenings, Flu Shots, Games, Pickleball, Zumba, Line Dance, Art, visit vendors who provide a service for older adults, door prizes and more! DJ by Manny Green Entertainment.

Chesterfield County Fairgrounds
10300 Courthouse Road, Chesterfield
8:30 a.m.-noon

Sponsored by Chesterfield County Senior Advocate,
Parks and Recreation and Senior Connections.

For information, call 804-768-7878



Providing a **FIRST CHOICE** community
through excellence in public service

